

SAIL Snapshot

A quick user guide to the SAIL learning framework



Northeastern University
Self-Authoring Integrated Learning

A Learning Framework for Northeastern's 21st-Century Ecosystem

Self-Authored Integrated Learning (SAIL) sets the foundation for a community where learning happens everywhere.

The SAIL framework includes five learning dimensions with a set of underlying foundational masteries.

FOUNDATIONAL MASTERIES The set of skills and attributes that are critical across several learning dimensions.



Intrapersonal Skills

Help-Seeking
Independence/
Autonomy
Initiative
Perseverance/Resilience
Resourcefulness
Self-Directed Learning
Self-Efficacy/Confidence

Interpersonal Skills

Collaboration/Teamwork
Communication
Empathy
Leadership

Attributes

Comfort with Ambiguity
Humility
Integrity
Mindfulness
Open-Mindedness

Strategic Toolkit

Creative Thinking/
Innovation
Critical Thinking
Decision-Making
Ethical Reasoning
Inquiry & Analysis
Problem-Solving

SAIL LEARNING DIMENSIONS Each of SAIL's five learning dimensions includes a set of accompanying skills, literacies, and attributes. By their very nature, these learning dimensions intersect and deepen over the course of one's learning journey at Northeastern and beyond.



Intellectual Agility

Learners develop the ability to use knowledge, behaviors, skills, and experiences flexibly in new and unique situations to innovatively contribute to their field.

Sample Skill Set

- Aesthetic Appreciation
- Computational Thinking
 - Design Thinking
- Entrepreneurship
- Information Literacy
- Integrative Thinking
- Quantitative Reasoning
- Strategic Thinking

Learners with Intellectual Agility:

- Identify patterns to make connections between seemingly unrelated phenomena
- Seek, construct, integrate, articulate, and apply knowledge and aesthetics across contexts
- Connect new ideas with existing knowledge
- Generate, analyze, and implement novel solutions to problems
- Reflect on learning and experience, adjusting goals and developing actions accordingly



Global Mindset

Learners develop knowledge, skills, and behaviors to live, work, and communicate with people whose backgrounds, experiences, and perspectives are different from their own as well as to consider the global impact of their decisions.

Sample Skill Set

- Cultural Agility
- Inclusivity/
Inclusive Action
- Systems Thinking

Learners with Global Mindset:

- Engage and build relationships with people from different cultures and contexts
- Create inclusive environments
- Calibrate their behavior and communication to exhibit cultural sensitivity in professional and social settings
- Make decisions and personal choices that reflect an understanding of global repercussions, including environmental, societal, cultural, political, and economic implications
- Articulate how exposure to multiple worldviews has impacted their own perspectives and ways of being



Social Consciousness & Commitment

Learners develop the confidence, skills, and values to effectively recognize the needs of individuals, communities, and societies and make a commitment to constructively engage in social action.

Sample Skill Set

- Advocacy
- Civic-Mindedness
- Conflict Resolution/
Transformation
- Inclusivity/Inclusive Action
 - Networking
- Systems Thinking

Learners with Social Consciousness & Commitment:

- Demonstrate empathy and concern for individuals, communities, and societies
- Negotiate and engage in dialogue to resolve or transform social or interpersonal conflicts
- Take actions to achieve or advocate for social justice
- Engage in constructive social change through responsible action
- Identify and articulate their own identities and the intersectionality of those identities



Professional & Personal Effectiveness

Learners develop the confidence, skills, behaviors, and values to effectively discern life goals, form relationships, and shape their personal and professional identities to achieve fulfillment.

Sample Skill Set

- Coaching/Mentoring
- Conflict Resolution/Transformation
- Financial Literacy
 - Negotiation
 - Networking
 - Organization
 - Planning
- Strategic Thinking
- Time Management

Learners with Professional & Personal Effectiveness:

- Build and leverage networks with people of varying backgrounds, roles, and perspectives to achieve professional and/or personal goals
- Critically and systematically analyze pertinent information to make decisions and/or solve problems
- Continually reflect on learning and experience, seek feedback, and take actions to achieve professional and/or personal goals
- Constructively persevere through setbacks and disappointment



Well-Being

Learners develop the knowledge, skills, and behaviors necessary to live balanced and fulfilling lives.

Sample Skill Set

- Aesthetic Appreciation
 - Boundary Setting
 - Self-Care
 - Self-Control
 - Time Management

Learners with Well-Being:

- Build and sustain meaningful relationships with individuals who provide guidance and support
- Continually reflect on and align behavior with personal values, beliefs, meaning, and purpose
- Optimize emotional and physical health
- Consistently employ harm/risk reduction strategies
- Effectively balance autonomy and interdependence
- Pursue, embrace, and value aesthetics



Interested in learning more
about SAIL at Northeastern?

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